TOXIC

DISCUSSION GUIDE

Toxic People
January 14 & 15, 2017

OPENING QUESTIONS

1. Describe a toxic person in your life (now or in the past). What was most destructive and difficult?

2. What Godly or positive characteristics do you think people in our culture most lack today? Why? Give an example.

3. What is one takeaway or question you have from Pastor Slack's message.

IN THE WORD

1. Read Psalm 1, 1 Corinthians 15:33-34 and 2 Timothy 2:14-17.

2. This Psalm mentions 3 types of people: "wicked", "sinners", "mockers". How are the three similar and different from each other?

3. What progression do you see in the flow of verse 1 also? Why is that important?

4. Describe what it means to "delight in God's Law"? How is this accomplished?

5. In 1 Corinthians 15:33-34, how would you define bad company and why is it so easy to be misled?

6. In 2 Timothy 2, Paul wants to warn Timothy and the church about false teaching. How is his advice about "quarreling", "godless chatter" and "gangrene" good advice for everyone to heed?

7. What is "gangrene" and why is it such a powerful and concerning word in these verses?

MAKING IT PERSONAL

1. Do you think you have more toxic relationship or healthy ones? Why?

2. What types of boundaries do you need to establish in your relationships? What steps will you take to begin setting those?

3. In what circumstances would it be necessary to end a toxic relationship?

4. What are some daily things you can do to build healthier relationships in your life?

5. Spend time in prayer for a healthier relationship with God and with others. Pray specifically for others you know in difficult relationships. Pray about a toxic relationship you are in now.

CONTINUED LEARNING...

1. Consider reading (or group study) "The Search for Significance" by Robert McGee and "Boundaries" by Henry Cloud and John Townsend. Both books have accompanying workbooks.

2. If you're in a difficult relationship and you're uncertain about whether it's toxic, look into the [Toxic Relationship quiz.](#)

Notes