



March 25 & 26, 2017

Week #5

GUARD RAILS

A STUDY IN PROVERBS
DISCUSSION GUIDE

Guardrails: Proverbs 23:29-35

March 25 & 26

OPENING QUESTIONS

1. Describe your family's practices and use regarding alcohol when you were growing up? Was it positive, negative, or neither one?
2. Have your views regarding alcohol use changed over the years? How?
3. Describe how much is too much alcohol to drink (for you or others)? Why that amount?

IN THE WORD

1. What is something you learned from Pastor Steve's message or something you would like to learn?
2. Read [Proverbs 23:29-35](#). As a group, make a list of the potential effects of consuming wine.
3. As time allows, take a look at these other passages of scripture regarding wine or "strong drink" consumption: [Deuteronomy 21:20-21](#), [29:19-20](#); [Psalm 69:12](#); [Habakkuk 2:5-6](#); [Luke 21:34-36](#); [Romans 13:13](#); [1 Corinthians 6:9-10](#); [11:21-30](#); [Ephesians 5:18](#); [1 Thessalonians 5:7-8](#); [1 Peter 4:1-3](#) and [1 Timothy 5:23](#). What else do we learn from these verses?
4. What are the potential effects of strong drink socially, morally, physically, and spiritually?
5. Regarding alcohol or wine consumption, what does the Bible prohibit? What does it allow?

6. Name some people in the Bible who completely abstained from alcohol. What examples in the Bible are there of shameful drunkenness? What do we learn from them?
7. Look also at [Romans 15:1](#); [1 Corinthians 10:23-33](#) and [Hebrews 12:1-2](#). What do these passages teach regarding freedom to choose and also considering what benefits others?

MAKING IT PERSONAL

1. What other decisions in life could be considered areas of freedom for Jesus' followers but not necessarily beneficial for ourselves or others (prescriptions, drug use, time use, spending, etc.)?
2. When it comes to alcohol consumption, do you tend toward prohibition or freedom? Why?
3. Is alcohol consumption an issue or concern for you? If not, what other area of life is a battle (may be another subject we talked about in Proverbs or something else)?
4. What change do you believe the Holy Spirit wants you to make in order to look more like Jesus? What is at the top of that list? What steps do you need to take this week?
5. Spend some time in the group being honest, asking for help, and accountability. Pray together and revisit this subject the following week and other weeks.

CONTINUED LEARNING...

1. Look also at [Proverbs 20:1](#); [21:17](#); [23:20](#); [31:4-5](#) and [31:6](#). What more do we learn?

Notes



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